### Dr. Hamish Hwang Inc. General Surgery, GI Endoscopy and Esophageal Physiology #200, 3207 30 Avenue Vernon, BC V1T 2C6 Phone 250-545-2288 Fax 250-545-2781 www.doctorhwang.ca

### Patient Information – Preparing for your Gastroscopy

### Vernon Jubilee Hospital Ambulatory Care Department Telephone: 250 558 1347

You are booked for an examination of your esophagus, stomach and duodenum with a fiberoptic instrument called a gastroscope.

## Register at the Admitting Desk located inside the Polson Tower at Vernon Jubilee Hospital with your BC medical card.

ON: DATE \_\_\_\_\_

AT: Time \_\_\_\_\_

**You may not drive for 24 hours following the procedure** and must have a ride arranged to take you home as well as someone to stay with you for a few hours. Your driver will be told an approximate time to pick you up. They must come into the department to get you.

### \*\*If you do not arrange a ride and someone to stay with you, your procedure will be cancelled\*\*

Bring a list of your current medications with you on procedure day. The nurse will ask you about medications and allergies. If your medications are time sensitive, please take them and let the nurse know you have taken them.

# Pradaxa (dabigatran), Xarelto (rivaroxaban), Eliquis (apixaban) stop <u>48 hours</u> prior. Coumadin (Warfarin) stop x5 days prior. Plavix (clopidogrel) and Brilinta (ticagrelor) stop 7 days prior. All patients must stop IRON one week prior to your gastroscopy.

Please take all your usual medication unless it is a blood thinner. Call your family physician if you are taking diabetic medications. Please call our office and not the hospital if you have questions regarding other medications you are taking.

No solid foods the day of your procedure, but you may drink clear fluids up to 4 hours prior to your gastroscopy. Examples of clear fluids (NO RED/PURPOLE LIQUIDS) include: water, Gatorade, apple juice, white grape juice, white cranberry juice, soda water, ginger ale, clear soup, tea and coffee (sugar is allowed but NO cream/milk). NO SMOOTHIES.

## \*\*IF YOU CANNOT ATTEND YOUR APPOINTMENT CALL DR. HWANT'S OFFICE AT 250-545-2288 – PLEASE SEE ATTACHED CANCELLATION POLICY.

Are you ready? PRE-PROCEDURE CHECK LIST

- □ I have a ride home and someone to say with me
- □ I have confirmed my appointment, if requested
- I have not had anything except clear fluids 4 hours prior to my procedure
- □ I have stopped my medications,
- □ I have left my valuables at home

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### **Confirmation:**

Please note we confirm all hospital appointments 2 weeks prior to the scheduled day. Our office will attempt to contact you a total of 3 times by telephone. If the first 2 calls are unsuccessful, we will contact you a third time one week prior to your scheduled appointment. If this final call is unsuccessful, we will attempt to leave a message informing you your procedure has been cancelled and to contact our office. Your family doctor will be notified of the cancellation.

Please inform our office if you intend to be away in the two weeks prior to your appointment. You may confirm your appointment prior to your absence or leave an alternate phone number where you can be reached.

#### No Show Policy:

If you have not given three (3) business days' notice of a cancellation and DO NOT show up for your appointment, you will be charged a \$100.00 cancellation/rebooking fee. To have vacant timeslots is unfair to other patients – some of whom are cancer patients that have been waiting over a year to have their procedure done and could have been rescheduled into that timeslot.

Thank you for your understanding. Dr. Hwang has limited time to perform these procedures. Your cooperation is much appreciated to make sure all timeslots are filled, so that patients do not have to wait longer than necessary to have their procedure done.

DR. HAMISH HWANG #200 – 3207 30<sup>th</sup> AVENUE VERNON, BC V1T 2C6

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